

## Adult Nutrigenomic Consultation History Brief

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Other Phone(s): \_\_\_\_\_

Can we leave a message on this number? \_\_\_\_\_

Primary Care Provider: \_\_\_\_\_

Phone: \_\_\_\_\_

Have you ever received a previous diagnosis related to neurological health? If so, what? \_\_\_\_\_

Have you received any other medical diagnosis? \_\_\_\_\_

Current Medications:

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Current Vitamins or Supplements: (please include brands and doses)

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Any known supplement or medication allergies? \_\_\_\_\_

Have you had any recent hospitalization or surgeries? \_\_\_\_\_  
\_\_\_\_\_

Do you have any known food allergies or sensitivities? \_\_\_\_\_  
\_\_\_\_\_

Prior medications used to health conditions (including supplements): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What was your experience with these medications/supplements? \_\_\_\_\_

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Please describe your diet:

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Are there any particular concerns that you have that you would like to discuss today?

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